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U.K. ECO-VILLAGE SEEKS ZERO CARBON, PG7

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Entertainment

Metro quizzes '60s icon Twiggy
pg 15

Celebrity Buzz

Can't pay me to stay, says Simon
pg 16

Fantasy Avatar takes top prizes at Globes

ENTERTAINMENT Canadian-born director James Cameron spoke of the wonder and magic of cinema last night as he took home the Golden Globe for best director and his space fantasy Avatar was awarded best drama.

Ricky Gervais hosted the awards show, the first time in 15 years the gala had an emcee. THE ASSOCIATED PRESS COVERAGE, PAGE 13

News on the Move

What's this barcode for?
Learn how to scan the barcode with the instructions at the top of pg 2

Vancouver Games

Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — Lovable losers

like Eddie the Eagle will be lacking in Vancouver, page 8

On the web

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Please recycle

ADRIAN WYLD/THE CANADIAN PRESS

Blake Ouellet, centre, waits to be evacuated from Haiti with fellow students from Mount Sentinel Secondary School yesterday. The 17 students and their chaperones from South Slocan, B.C., were to be flown to Montreal from Groave, which is approximately 50 kilometres west of Port-au-Prince. More coverage, pages 4, 5, & 6

Coming home

Teens 'changed forever' says mom as students return from Haiti

KRISTEN THOMPSON
kristen.thompson@metronews.ca

Haiti Crisis

Seventeen Kootenay teenagers who survived the deadly earthquake in Haiti are expected back on Canadian soil today after being rescued by the military.

They were to be flown to Montreal last night.

"I'm just incredibly relieved," said Joyce Ouellet, whose 17-year-old son Blake was stranded with his Mount Sentinel high school classmates in rural Haiti, where they had planned on helping build a goat farm.

"I can't wait to see him. It was horrible at first, not knowing where they were ... how they were feeling, what they were going through. It's all speculation until you actually hear from them."

Ouellet said Blake called once while she and her husband were out of the house, and he spoke to his older brother.

"He said Blake is very shaken up. He's been through a rough ride but he can't wait to get home. I can't believe, looking at some of the pictures, that not one of them was hurt. I'm so thankful no one was hurt or killed."

The South Slocan-area students had landed in Port-au-Prince four hours before the earthquake hit, and spent the next five days sleeping in a field outside the Mission where they were supposed to be volunteering.

They were afraid the tin structures available to them would collapse if hit by a strong aftershock.

"I think these kids will have a lot to remember and they've grown up — they've become adults. It's changed them forever," said Ouellet.

"I'm very proud of (Blake). I know I'll be crying and hugging him and just wanting to not let him go for a long time."

Death toll

- Officials are estimating the total death count to be between 50,000 and more than 100,000 people.

City hall to shimmer in Ice Light

LED SHOW An Olympic makeover at city hall at dusk tonight will see large strips of LEDs highlight each of the buildings' terraces like icing on a gigantic layer cake.

The white LED strips will also cascade like a waterfall every time the clock strikes the hour.

Ice Light, by German Artist Gunda Förster, is a permanent external light installation.

In a statement on the city's website, Förster said the technologically produced waterfall embodies part of what makes Vancouver unique: "A highly industrialized city that is surrounded by wild, pristine nature."

The cascading light, she added, refers to the traditional function of a city hall, signalling the "start of every new hour."

It is Förster's first North American commission. The lighting will take place at 4 p.m.

The switch to LED lighting is expected to save the city 70 per cent in external lighting energy consumption.

Ice Light is part of a $6-million Olympic and Paralympic Arts Program, a collection of more than 20 permanent and temporary works.

JEFF HODSON/METRO VANCOUVER

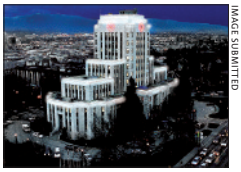

IMAGE SUBMITTED

An artist's rendering of Ice Light installed at Vancouver City Hall.

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Local

Giraffe named today

The Greater Vancouver Zoo will be announcing the name of its youngest giraffe at 11 a.m. today at a party celebrating her third-month birthday. The winner of the name-the-baby contest will get a year-long family membership to the zoo and a behind-the-scenes encounter with the giraffes. METRO VANCOUVER

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WHAT'S ONLINE TODAY

Blogs Josey Vogels on the list of not-so-sexy topics for couples to cover before moving in together

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Extra: 16, 40, 41, 87
Saturday, Jan. 16
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Extra: 04, 12, 18, 83
These results are not official.

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2,010 served

Games workers dish up stew in DTES

STIG NIELSON and GREG DOWNS

VANCOUVER 2010 Games

Some VANOC and Olympic sponsor employees gave back to the community by serving stew to Downtown Eastside residents yesterday.

The outreach program was led entirely by donations and volunteers. No money came from VANOC.

The event was organized by Peake of Catering, which won a contract to provide its services during the Games. As many as 40 people volunteered, but many more donated food.

Melissa Haynes, 2010 project manager for Peake of Catering, said she was impressed by the volunteers' effort.

"Most people are working six to seven days a week, but they all still jumped in," she said.

The program started off as stew for two, grew to stew for 20, then 201 before finally growing to the size of 2,010 after all the donations, said Haynes.

Elijah Hunt, who tried a bowl of stew, said it was a nice gesture.

"The food is very good ... nice big chunks in there, it's usually just broth," said Hunt.

If cops try to pull you over, call 911

WARNING RCMP in Burnaby are on the lookout for a stolen, unmarked "police car" that's actually just a realistic-looking movie prop.

The dark-blue 2005 Ford Crown Victoria disappeared from a prop-supply company Saturday afternoon.

The Mounties are warning drivers that if they're suspicious when a similar-looking car tries to pull them over, they should keep driving at reduced speed and call 911 to confirm it's a legitimate police car, or drive to the nearest police detachment. THE CANADIAN PRESS

News in brief

ACTIVISM Anti-poverty activists have launched their own Olympic-style torch relay to highlight conditions for low-income residents and the homeless. METRO NEWS SERVICES

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Olympic slope sans snow
Three weeks until the Games and Cypress Mountain is looking bare. It rained on the Olympic venue yesterday thanks to the 1 C weather. METRO VANCOUVER

2010's first murder

Man dead after Saturday shooting in South Van

A man was shot and killed Saturday morning on the front steps of a house in South Vancouver.

The killing is the city's first homicide of 2010.

According to police, shots were fired in the 4400 block of Knight Street at 1:30 a.m. The man's body was discovered seven hours later. Paramedics alerted police to the incident after they were called to the area.

The victim was in his 30s, but has not been identified publicly.

A man was seen running eastbound along 32nd Avenue after the gunshots were heard.

The man, described by police as Indo-Canadian, stands about six feet tall, has a slim build and was wearing a T-shirt. A witness told police that the man appeared distressed.

METRO VANCOUVER

InSite wins reprieve from Court of Appeal

HEALTH The B.C. Court of Appeal has ruled that Vancouver's supervised injection site can stay open after the federal government tried to close its doors.

When InSite opened in the Downtown Eastside in 2003, it operated under a temporary exemption to national drug laws.

The exemption has twice been extended because the courts felt the facility offers important harm reduction services and health-care resources.

"There is overwhelming scientific proof that the supervised injection site works," said Liz Evans, executive director of the Portland Hotel Society, which runs the clinic.

"It is time to move beyond endless debate ... and build a comprehensive plan to address addiction."

The federal government is expected to appeal the ruling to the Supreme Court of Canada.

METRO NEWS SERVICES

News in brief

BAIL A man facing manslaughter charges in connection with the Surrey Six massacre has been granted bail. Sophon Sek, 30, paid $300,000 in cash and a $70,000 surety before being released. Last November Sek won $364,000 in B.C.'s poker championship.

WARNING Vancouver police are warning women that a violent convicted sex offender has been released from prison and is considered a high risk to re-offend. Kevin Scott Miller, 41, served his entire four-year sentence after being convicted of two counts of aggravated sexual assault.

FIRE Investigators have retrieved the remains of two people from a gutted home near Bella Coola, on B.C.'s central coast. Police say the fire was very destructive, which is requiring the remains to be shipped to Vancouver for a conclusive identification.

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Comment

More choices at stake

The Olympic Line, the modern streetcar service that will run between Olympic Village Station and Granville Island during the Winter Olympics, opens its doors to rail enthusiasts this week.

The much-anticipated grand opening is the culmination of years of planning and vision. The public has good reason to embrace this initiative, starting with the fact that the ride, travelling along the south side of False Creek, is free.

Give the City of Vancouver its due. It has invested $8.5 million to upgrade the Downtown Historic Railway track to make this project a reality.

But for the investment to pay off, it must win over the usual naysayers, plus the folks at TransLink, who have not deemed the line to be a funding priority. Perhaps the transit authority's position will change if the trial is a success. And that's why anyone with a passing interest in improved transit choices should make the trip to False Creek to try out this new service.

As Dale Bracewell, Vancouver's director of Olympics transportation, has noted repeatedly, this is not a localized service, given its light metro connection. Rather, it opens up transit as an option for many well beyond the city limits.

•••

A recent community forum in the city of North Vancouver, which focused on introducing pay parking to the Lonsdale corridor, reportedly erupted into chaos. An angry crowd, hell-bent on retaining free parking in the city core, heckled and shouted down a well-meaning consultant before order could be restored.

But it's hard to blame these car-clinging folks for being agitated. North Vancouver residents were disappointed over last year's cancellation of the third SeaBus crossing, which had been promised by TransLink and politicians for years. And they have endured an under-serviced bus system in the area for just as long.

If the region doesn't want to invest in improved transit for that community, how can its residents be expected to happily trade in their complimentary parking privileges for a bus pass?

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.

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MICHAEL DE ADDER

Views

Concrete tips for rock-solid relationships

Today, tips on how to create the perfect romantic partnership. Or, Personal Relationships and Standards of Behaviour: Is it possible to have both?

Recently, my partner Liz and I decided to have some work done to our basement wall. Before making this decision, we had this conversation:

Liz: We need to have the wall fixed.

Me: The wall is fine.

Liz: It's leaking.

Me: Think of it as a "water feature."

Liz: There's fungus growing. (This was actually true)

Me: Organic mushrooms. We'll start a home business.

Liz: Look, either we get it fixed now, or we look forward to putting "indoor pool" on the listing when we sell this place.

Me: (Prepared to tackle the problem immediately ... or three weeks later when the first thaw set in.) OK.

When it comes to the concrete (this is a pun, of course) issues of life, Liz and I have different ideas of what is acceptable. Liz sets the bar high. Me ... not so much.

The fact is, Liz and I are a perfect example of the old adage, "Opposites attract."

So, what's the best way to deal with differences in standards?

One method is the "My partner has to change — now" approach. There is a term for people who favour this method. "Divorced."

Method No. 2 is to follow this easy-to-use system.

1. Identify where your personal bar is set. My friend Marlene has what she calls a "standards scale."

Marlene: I expect an 80 per cent standard of performance from my staff, 70 per cent from my husband, 95 per cent from my car and so on.

Me: You expect more from your car than your spouse?

Marlene: I drive a BMW.

2. Identify where your partner's bar is set.

Generally, this will be "As far away from mine as possible and how can anyone live that way, anyway?"

3. Accept that you're stuck with this.

Because, in the end, what I've learned from being with Liz is this: Great relationships are like a dry basement. They just don't happen without a little work.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Letters

Miep Gies was a special person to many

Re: A story of courage (Jan. 13)

I read Paul Sullivan's article on Miep Gies — it was moving. I remember learning about her in Grade 7 history and every once and awhile I do catch myself thinking about her. However, it had been some time since she'd crossed my mind. When I saw the article's title in Metro I felt a pain in my chest — it felt as though I'd lost a very old friend.

As I went on reading, the pain swelled, but became something else — I felt an odd sort of pride over knowing how special this woman was. The article touched me so greatly that when an old man came and stood next to me on the subway train, I had the urge to lean over, show him the article, and ask, "Did you hear about Miep?"

Your words about Miep nearly brought this young reader to tears and I'd like to thank you for that — nothing else I've read in so long has ever come so close.

DANA BARYCKYJ, TORONTO

Worth mentioning

New airport scanners OK: Poll

A new poll indicates most Canadians accept new airport scanners that can see through the clothes of travellers.

A survey conducted by The Canadian Press Harris-Decima earlier this month found four in five respondents said the use of the scanners was reasonable.

Almost three-quarters of those surveyed said the technology was likely to be effective in reducing the risk of a terrorist attack.

The pollsters say the numbers suggest Canadians feel airport security is as strict as it needs to be and, if anything, it is not strict enough.

Just before the poll was taken, the government announced plans to install 44 machines across the country that will generate 3-D images of air travellers' bodies. The move followed a trial run of the technology at the Kelowna airport.

THE CANADIAN PRESS

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Fellowship created to honour journalist killed in Afghanistan
A journalism fellowship has been created to honour a Calgary Herald journalist who was killed by a roadside bomb in Afghanistan. Lorne Motley, a Herald editor, says the Canwest Publishing fellowship is a way to preserve Michelle Lang's legacy. THE CANADIAN PRESS

Canada

Burning question for torchbearer

The Olympic flame wasn't the only thing lighting up southern Alberta this weekend — the flames of love were also burning bright. Yesterday morning, torchbearer Ivana Zecevic had just finished her leg of the torch relay in Medicine Hat when her boyfriend Matt Chabluk appeared wearing a T-shirt that said: "Ivana will you marry me?" "She said yes," said Chabluk. "She waited a long time, seven years." THE CANADIAN PRESS

Evacuees tell of devastation

Haiti Crisis

Wrapped in blankets and with the stress of their traumatic experience etched on their faces, another group of Canadian evacuees from Haiti arrived in Montreal late Saturday.

The roughly 200 weary evacuees arrived at Trudeau Airport aboard a military plane and an Air Canada jet, before being ferried to a nearby hotel where anxious but relieved friends and relatives waited to embrace them.

Some quake survivors were put in wheelchairs and taken to waiting ambulances, while others recalled the terrible events of the past few days in trembling voices.

GRAHAM HUGHES/THE CANADIAN PRESS

A Canadian evacuee is taken from the Wyndham Hotel in Montreal by paramedics yesterday after being evacuated from Haiti.

"It was horrible," said Marie Jennot, who was in Port-au-Prince visiting family when the earthquake struck Tuesday. "There were things I have never seen before, that I never imagined I would see.

"There is no way to communicate, there are no telephones, no drinkable water, no electricity."

Another plane carrying more Canadians from Port-au-Prince arrived in Montreal yesterday. THE CANADIAN PRESS

Panel cut controversy in new citizenship guide

REVIEW Dozens of significant changes were made to Canada's new citizenship guide before its splashy debut last November, some apparently to dampen controversy.

An internal summary of edits proposed by a group of distinguished Canadians suggests the process was partly driven by the politics of language, religion and ethnicity.

The blue-ribbon panel grappled, for example, with the touchy issues of Indian residential schools, Quebec's heritage, the historic role of Acadians, and relations between church and state. THE CANADIAN PRESS

m.metronews.ca

Word has it the third Monday in January is the calendar's most depressing day, so scan this code for expert tips to beat the winter blues

News in brief

SOLDIER The casket of Sgt. John Faught was carried to an awaiting transport plane at Kandahar Airfield yesterday for his final trip back to Canada. Faught, 44, of Sault Ste. Marie, Ont., was killed Saturday by a roadside bomb in Kandahar province's Panjwaii district. Faught was on his third deployment to Afghanistan. THE CANADIAN PRESS

Sgt. John Faught

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Ukrainian election likely headed to run-off

Disillusioned Ukrainian voters gave the archenemy of the 2004 Orange Revolution a first-place finish in the initial round of presidential voting yesterday, setting up a showdown with the heroine of the Orange movement, an exit poll showed. THE ASSOCIATED PRESS

World/Business

Survivors await aid in Haiti

Haitian leaders seemingly absent as bodies litter streets, looters strike

Drumbeats called the faithful to a Sunday Mass praising God amid a scene resembling the apocalypse — a collapsed cathedral in a city cloaked with the smell of death and rattled by gunfire, where rescue crews battle to pry an ever-smaller number of the living from the ruins.

Haiti Crisis

Sunlight streamed through what was left of blown-out stained-glass windows as the Rev. Eric Toussaint preached to a small crowd. A rotting body lay in its main entrance.

"Why give thanks to God? Because we are here," Toussaint said. "We say 'Thank you God.' What happened is the will of God. We are in the hands of God now."

As worshippers across the city met for their first Sunday services since the magnitude-7.0 quake, many Haitians were still waiting for food and water after five days.

Gunfire crackled in the streets as police battled suspected looters in parts of the city. Officers were seen hurling tear gas canisters, sending crowds running along the rubble-strewn avenues. At least some suspected looters were beaten and shot.

Haitians were increasingly frustrated by a seemingly invisible government — some setting bonfires downtown to burn the bodies authorities have been unable to remove, leaving passers-by to cover their faces against the smell of burning flesh.

UN Secretary-General Ban Ki-Moon called the quake "one of the most serious crises in decades."

THE ASSOCIATED PRESS

AMERICAN RED CROSS/JALIA FRENKEL/THE ASSOCIATED PRESS

A Red Cross volunteer delivers first-aid to a baby whose mother was killed in the earthquake in Haiti.

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High expectations may choke gains

Gains could be elusive on the Toronto stock market after investor enthusiasm was dampened last week by soft earnings reports, tepid economic data and moves by China to curb bank lending.

"Right now, the good news is priced into the financial markets," said Paul Vaillancourt, director of asset allocation at Franklin Templeton Managed Investment Solutions.

"In the weeks ahead it's going to be a bit of a see-saw type market because the good news was baked in and any negative surprise causes some profit taking."

In the absence of market-moving economic data coming out this week, earnings will set the pace for trading. And earnings reports are more of a tough sell than they were over the past year because expectations are so much higher.

"I guess revenue, of course, is a key theme for the quarter," said Patricia Croft, chief economist at RBC Global management. "It's all about revenues, so I think there's much more people going through this with a fine-toothed comb, as opposed to, 'Thank goodness they're actually reporting earnings.'"

"In the weeks ahead it's going to be a bit of a see-saw type market."
Franklin Templeton's Paul Vaillancourt

The major economic news of the week is the Bank of Canada's interest rate announcement tomorrow.

Analysts say the announcement likely won't affect the equity markets, since the central bank has widely telegraphed it has no intention of raising rates from near-zero until at least the middle of the year. THE CANADIAN PRESS

Asia Rail plan sparks protests

VINCENT YU/THE ASSOCIATED PRESS

Protesters clash with police during a protest in Hong Kong Saturday, after a controversial plan to link Hong Kong to China's high-speed rail network won approval from local lawmakers. Critics say the rail link will displace many residents and cause traffic congestion and other environmental problems.

Former maid sues Netanyahu's wife

ISRAEL A former housekeeper has filed a lawsuit accusing the Israeli prime minister's wife of abusing her in the first scandal to hit Benjamin Netanyahu's year-old administration.

Lillian Peretz, who worked as the Netanyahu family housekeeper in their beachside home in the town of Caesaria for six years, claims Sara Netanyahu verbally abused her and forced her to change clothes and shower several times a day to keep a "sterile" environment. It also alleges she was paid less than minimum wage.

Sara Netanyahu

The prime minister's office called the lawsuit "false and full of lies and defamation" yesterday, alleging the housekeeper was part of a media-orchestrated political conspiracy.

THE ASSOCIATED PRESS

Obama asks Bush, Clinton to head quake relief fund effort

HAITI Many consider George W. Bush's mishandling of relief efforts following the August 2005 hurricane Katrina as the moment when Americans turned on him.

And yet now the former U.S. president is spearheading efforts, along with Bill Clinton, to raise funds for the victims of the Haitian earthquake.

U.S. President Barack Obama announced on Saturday the 42nd and 43rd presidents of the United States would lead a bipartisan effort to raise private funds for Haitian relief.

Haiti Crisis

The two men — who became friends during Bush's presidency, said Bush — appeared together on a number of Sunday morning talk shows following pre-taped White House interviews a day earlier.

But as is usually the case in the U.S., even natural disasters are quickly politicized.

One of the most popular conservative pundits in the U.S., Rush Limbaugh, is refusing to back down from his accusation that Obama is trying to score political points from the Haiti earthquake.

THE ASSOCIATED PRESS

m.metronews.ca

ScanLife

Obama heads to New England as an unexpectedly close Senate race threatens health care reform. Scan this code for the story.

More trouble ahead for euro

CURRENCY The euro is in a rough spot. And it could be there for years.

The economic and financial crisis has ballooned budget deficits in Greece, Ireland and several other member countries — exposing one of the underlying vulnerabilities of Europe's decade-old experiment in a multinational currency.

While few think the 16-country currency zone will actually break up, holding it together through the unfolding debt crisis will mean painful, unpopular measures such as budget cutbacks and higher taxes.

German Chancellor Angela Merkel said in a speech last week that "the euro is in a very difficult phase for the coming years."

THE ASSOCIATED PRESS

News in brief

SENTENCE A Yemeni court has sentenced a journalist to one year in prison for insulting the president. Anisa Mohammed Ali Othman, who was sentenced in absentia, told The Associated Press yesterday that the two-year-old case over articles she wrote about corruption and injustice was politically motivated.

IRAQ Saddam Hussein's notorious cousin "Chemical Ali" was convicted yesterday and sentenced to hang for ordering the most infamous of his crimes, the attacks against the Kurdish town of Halabja that killed more than 5,000 people in clouds of poisonous gas.

THE ASSOCIATED PRESS

Green car tip
If you have a heated garage, keep it cool until a little while before you'll use it. Your car doesn't mind spending a chilly night alone; in fact, warm air makes road salt more likely to damage its metal parts. METRO NEWS SERVICES

Going Green

Global Warring

In Global Warring, journalist Cleo Paskal doesn't limit her scope to the catastrophic environmental damage that climate change could wreak. Instead, she provides an explanation of how this looming crisis will impact global security and the geopolitical status quo. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Eco-village promotes green lifestyle

London's BedZED returning to zero carbon roots by bringing a biomass power plant online

CELIA PEDROSO
Metro World News

The innovative BedZED (Beddington Zero Energy Development) in southern London was designed to be zero carbon.

Solar panels and wind cowls, plus the intelligent design, changes the energy performance of the homes. Overall, energy use in the units is reduced by 70 per cent compared to other homes built in 2002. In addition, 20 per cent of electricity used on site is produced by the photovoltaic panels, which convert light from the sun.

"When the new biomass plant is running, which should be next year, BedZED will be zero carbon once again, like when the old one was working," says Sue Riddlestone, executive director of BioRegional, an entrepreneurial charity with solutions for sustainable living.

This English eco-village was designed by architect Bill Dunster and developed by Peabody Trust and BioRegional.

"We have houses, offices and businesses where we developed a sustainable lifestyle," Dunster said.

Besides energy saving, people try to buy food from local producers and to use public transportation.

After seven years, a lot of people who moved initially are still living there and new people have moved in.

"Even with large families, they are using the car club, a car-sharing system through the internet," explains Riddlestone.

Houses to rent or buy come regularly to the market and the price is the same as the average in the region.

"You save a lot in your energy and water bill and get a bigger sense of community. People praise the quality of life. The fact that there are no cars in central area makes it is easier to walk, talk and meet your neighbours: it's good for the environment but also for the community. It is a healthier, happier lifestyle," she sums up.

METRO WORLD NEWS

Just over 250 people live in the BedZED community

BioRegional was established with the aim of taking an entrepreneurial approach to bringing local sustainability into the mainstream of our everyday lives.

BioRegional Development Group focuses on research, education and building working examples of how sustainable products and services can be made economically viable and easier for people to adopt.

Where opportunities to bring further environmental benefit have existed, the charity has been able to establish related businesses which have grown out of the work of the charity. Each BioRegional business is structured to reflect the needs of the industry and the stakeholders.

Charity trustees are not able to have commercial interests in the BioRegional businesses, retaining the charity's independence and the ultimate integrity of the overall BioRegional brand.

BedZed stats

- 250 people live at BedZed, UK's largest mixed use sustainable community.
- 45 per cent reduction in electricity use (compared to local average)
- 77 per cent reduction in heating and hot water use
- 64 per cent reduction in car mileage: 2,318km/year (compared to national average).
- 58 per cent reduction in water use: 72 litres/person/day (compared to local average).
- 60 per cent waste recycled.
- 86 per cent of residents buy organic food.
- Residents know 20 neighbours by name on average

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Waste-picking becomes multi-billion dollar industry

ELISABETH BRAW
Metro World News

WASTE Digging for trash, and paying for it?

Most people would turn up their nose at the idea.

Not so for Kelly Maby.

The American college student is using a $28,000 US scholarship to study scavenging around the world. Maby is no newcomer to scavenging.

"When I was around eight-years-old, my family wasn't doing so well, so my brother and I collected beer cans and bottles," she tells Metro. "We actually thought it was fun."

It was so much fun that Maby will spend her scholarship studying scavenging — also known as waste-picking — in Egypt, Brazil, Guatemala and Ecuador.

She has already completed a stay with a three-generation family in Cairo's Garbage City.

"We think of scavenging as desperate poverty," she explains. "But it's often extremely well organized, and much cleaner than it sounds."

Garbage City operates on a multi-level system, with some families collecting the trash, others sorting it, while others resell it.

Cairo lacks official sanitation services — but thanks to scavengers, 80 per cent of its trash is recycled.

According to a new report by Martin Medina at the United Nations University (UNU), at least 15 million people earn their living as waste-pickers.

"This is a huge informal economy," reports Maby, a senior at Wheaton College (Massachusetts), who reports on trash-hunting in Tales from the Trash Can: An Analysis of the Informal Waste Management Circuits of Buenos Aires, Bangalore, and Beijing.

METRO WORLD NEWS

Kelly Maby has studied waste-picking in Egypt, Brazil, Guatemala and Ecuador.

The global impact of scavenging is estimated at several billion dollars per year. And it's a growing sector.

According to the Medina's report — scavengers are benefiting from increasing demand for recycled materials.

"Garbage still has a stigma, but that means the families that do it have a monopoly," notes Jo Beall.

"Even though it's dangerous work, the recycling boom is good news for them."

Beall, the author of Dealing with dirt and the disorder of development: Managing rubbish in urban Pakistan, directs the Development Studies Institute at the London School of Economics.

Even though waste-pickers' goods usually re-enter the formal economy, their lives can look like Slumdog Millionaire.

"It is dirty," says Maby, currently on a trash expedition in Sao Paulo.

"But without scavengers many cities would have no waste management at all."

Cairo's Garbage City and Southeast Asian waste-picking colonies are an incredibly well-functioning machine.

The waste-pickers are highly skilled and can, for example, tell which piece of plastic is recyclable.

Waste stats

- In African, Asian and Latin American cities, one per cent of the population survives by scavenging.
- In Mumbai, the economic impact of scavenging is an estimated $1 billion US.
- Many waste-pickers form collectives. In South America alone, there are some 1,000 such cooperatives.
- Cairo's Garbage City is, in fact, a working city, albeit one without water and electricity. But the city, which is almost entirely inhabited by Christians, boasts the largest church in the Middle East, St. Samian's, which seats 20,000 people.

Russian biathletes take final tuneup

Russia has won the final men's biathlon World Cup relay race before the Vancouver Olympics, easily beating Norway and Austria. The United States placed sixth, with Tim Burke having to complete a penalty round after one missed target in the third leg. THE ASSOCIATED PRESS

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

'The eagles don't fly anymore'

Tougher IOC standards likely mean end to loveable losers competing in Games

From Eddie the Eagle and the Jamaican bobsled team to a Mexican cross-country skier who moved so slowly that race officials sent out a search party to find him, the last Winter Olympics held on Canadian soil provided no shortage of lovable losers to cheer for.

And for many, the lasting images of the 1988 Calgary Games aren't those of Canadian silver-medallist Elizabeth Manley or three-time Finnish ski-jump champion Matti Nykkanen, but of the underdogs who made it all the way to the Olympics despite their seeming absence of athletic ability.

But while such average Joe performances tend to be crowd-pleasers, next month's Vancouver-Whistler Winter Games will feature little of the like, says an Olympic historian.

"I think the IOC took the position that it takes away from the real athletes, the ones who succeed," said David Wallechinsky, co-author of The Complete Book of the Winter Olympics: The Vancouver 2010 Winter Edition.

THE CANADIAN PRESS

Former Olympian Michael (Eddie the Eagle) Edwards

After the 1988 Games, the International Olympic Committee instituted what's popularly known as the "Eddie the Eagle rule."

The rule requires athletes who want to compete in the Games to place among the top 50 competitors in international events or in the top 30 per cent.

The Eagle, whose real name is Michael Edwards, became a folk hero during the Calgary Games for his infectious smile and personality, despite the fact he finished far behind his closest ski-jump competitor.

Edwards, who had been jumping for just two years when he became the first British man to compete in the sport at the Games, lamented the tightened restrictions during an interview with The Canadian Press late last year.

"It was a bit ironic — I became so popular in Calgary because I was exemplifying that Olympic spirit and then I got banned because of it," he said.

The IOC has been unapologetic when it comes to giving the spotlight back to those who win events, as opposed to those who lose them in an entertaining manner.

During a news conference last month, IOC president Jacques Rogge was asked if there would be an Edwina the Eagle in Vancouver after women's ski jumpers were denied the chance to compete in the 2010 Games.

Quipped Rogge: "I think in the Olympic Games the eagles don't fly anymore."

"They were not as entertained as the rest of us were," Wallechinsky, who is also vice-president of the International Society of Olympic Historians, said of the IOC.

"When you have an Eddie the Eagle, who won that event nobody remembers? The IOC would like to emphasize people who did well."

Wallechinsky said the Vancouver Games won't have quite the same "everyman" feel that Calgary did because of the tougher qualification standards.

"You may get some very slow alpine skiers or nordic skiers," he said, but nothing mirroring the cast of lovable losers in 1988. THE CANADIAN PRESS

Underdogs from the '88 Olympics

- Mexico's Roberto Alvarez entered the 50-kilometre cross-country ski race although he had never travelled more than 20 kilometres on snow. Race officials, fearing he was lost, sent out a search party to find him. Alvarez finished dead last in the event, clocking in almost 52 minutes behind his nearest competitor.
- The Jamaican bobsled team, whose path to the 1988 Games was featured in the film Cool Runnings, also competed in Calgary despite inadequate training. The team suffered a spectacular crash during the four-man event but won the hearts of many when members carried their sled across the finish line.

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Figure skating **Gold for Chan**

PAUL CHIASSON/THE CANADIAN PRESS

Patrick Chan skates his victory lap after receiving his gold medal in the men's competition at the Canadian Figure Skating Championships The reigning world silver medallist from Toronto scored 177.88 points for his free program to Phantasia from Andrew Lloyd Webber's Phantom of the Opera, and a whopping 268.02 overall. Edmonton's Vaughn Chipeur won the silver with 222.10 points, while Kevin Reynolds of Coquitlam moved up from fifth place to win the bronze, landing a pair of quads to earn 216.49.

Meditation helps Canadian win first snowboarding gold

SLALOM Canadian snowboarder Michael Lambert has been making major strides this season, and the improvements in large part trace back to his decision to start seeing a meditation guru last spring.

The Toronto native earned his first World Cup victory by beating Austrian Andreas Prommegger in a parallel giant slalom final yesterday, and he reflected afterwards about how far he's come in such a short time.

The gold follows a silver he claimed earlier this season — the only two podiums of his career so far — and the 23-year-old believes neither would have been possible without his mental makeover.

"I knew at the end of last season what was stopping me was definitely my mind, and my inability to concentrate and focus on tasks and my inability to be happy without results," he said on a conference call.

"The list goes on, but I basically knew I had to do something to make myself happy without results."

"What was stopping me was ... my mind."
Michael Lambert

Lambert, who is featured on the MTV reality show Over the Bolts, delivered yesterday, barely edging Austrian Benjamin Karl by 0.04 seconds in the semifinal round before beating Prommegger in the final by a comfortable 1.04 seconds.

Canadians have won each of the four parallel giant slalom races thus far, with Jasey-Jay Anderson of Mont-Tremblant, Que., and Matthew Morison of Burketon, Ont., claiming the others.

Lambert was long thought to have the talent to compete with Anderson and Morison, but said his anxious and high-strung nature held him back.

Lambert began seeing the specialist in April for three hours a week when he was in Toronto.

"I think it really helped train my mind, gave me more control over it," said Lambert. THE CANADIAN PRESS

NFLer dies after going into cardiac arrest

Gaines Adams, an All-American defensive end at Clemson who played in the NFL with Chicago and Tampa Bay, died yesterday after going into cardiac arrest. He was 26. THE ASSOCIATED PRESS

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Sports

EDITOR: DON.MCHOULL@METRONEWS.CA

Jets earn shot at Colts

The New York Jets can expect to see Peyton Manning for four quarters this time.

With a 17-14 upset of the San Diego Chargers yesterday, brash coach Rex Ryan and his hard-hitting Jets earned a surprise spot in the AFC title game at top-seeded Indianapolis.

The Week 16 rematch is one of two conference championship games Sunday featuring some of the NFL's top quarterbacks, all within one win of the Super Bowl.

First, Manning gets another shot at the Jets, who handed Indianapolis its first loss of the season — rallying after the four-time MVP and other Colts starters were pulled early in the second half to rest.

"A matchup that probably nobody wanted, but too bad," Ryan said. "Here we come."

Then, 40-year-old Brett Favre and the Minnesota Vikings visit Drew Brees and the New Orleans Saints for the NFC title.

"I know we're not done yet," Favre said after throwing four touchdown passes yesterday in a 34-3 rout of Dallas. "The New Orleans Saints, they're explosive."

The Jets were the only road team to win in the divisional round, stunning the second-seeded Chargers to fill out the last spot in the league's final four.

New York goes back to Indianapolis, where the top-seeded Colts showed no signs of rust in beating Baltimore 20-3 on Saturday. The Saints trounced the Arizona Cardinals 45-14, on Saturday, as Brees tossed three touchdown passes and Reggie Bush scored on an 83-yard punt return and a spectacular 46-yard run.

THE ASSOCIATED PRESS

JEFF CHIU/THE ASSOCIATED PRESS

New York Jets quarterback Mark Sanchez (6) celebrates with teammates following a touchdown run by Shonn Greene.

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SCANLIFE

Kurt Warner's future is one of many questions lingering for the Cards after being bounced from the playoffs. Scan this code for the story.

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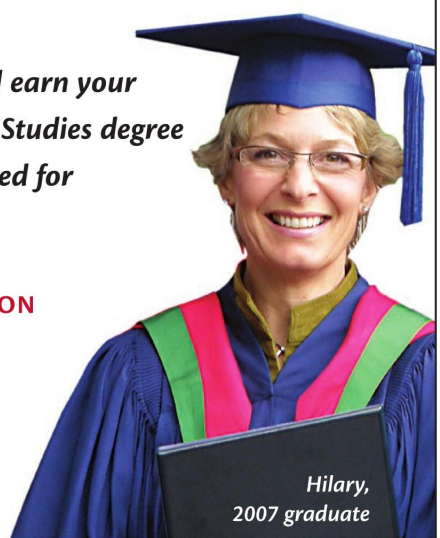

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$11 million for UBC researchers to map sunflower family genome

Researchers from the University of British Columbia have received $10.5 million from Genome Canada through the federal government, Genome BC, and international partners to enable them to develop the first reference genome of the sunflower family. METRO NEWS SERVICES

Workology

Canada-India ties to grow

India's large, young population and growing middle class are creating opportunities for Canadian universities seeking to increase enrolment. Much of the interest is driven by the fact that India is a diverse democracy where English is widely spoken. Despite growing interest among Canadian institutions to seek new links with Indian universities and businesses, Canada does not attract as many Indian students as it might, according to University Affairs. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

When video games save lives

JON TATTRIE
for Metro Canada

They say nothing beats on-the-job training, but when that training is a train derailment, chemical spill or a factory fire, the real thing might come too late for learning.

That's why the Canadian Standards Association is increasingly turning to video games to simulate dangerous workplace conditions so professionals are ready when disaster strikes.

Lance Novak of CSA says Ready Response is one of its most popular titles. The game challenges trainees to avoid a dangerous explosion at a gas station, a toxic train derailment or a factory chemical spill.

"It takes the perspective of somebody within an organization that has accountability for creating emergency response plans. It puts them in a real-life scenario where they … create a plan and watch what happens when an emergency occurs," he explains. Players can respond to the developing situation, calibrating actions to deal with "reality."

"This is a lot cheaper than sending somebody off to a classroom."
Lance Novak of the CSA

"If you get to a point where you're beyond recovery, you lose the game," he says. Better the game then a life: CSA reports that 1,055 Canadians die on the job every year, deaths that could be reduced by better safety training.

Less sexy but just as essential is Engaging WHMIS, which teaches workers about handling hazardous materials. "It walks through that standard curriculum in a much more interactive, visually appealing and engaging way," says Novak.

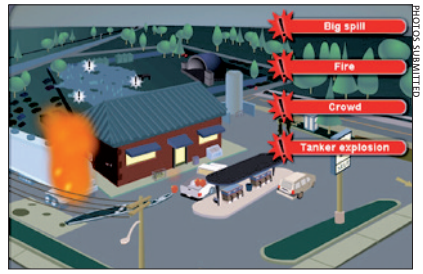
The high-end games, created by Ottawa-based Distil Interactive, offer a realistic world, Novak says. No surprise: One of the programmers used to work on Grand Theft Auto. "Sometimes you have to look twice to confirm whether or not they're photographs or visuals."

It's not all high-stakes action: Some of the games work on "soft skills" like business management and interviewing. "You actually interface and carry on a dialogue with a person whose facial expressions change to reflect the mood that you're putting them in," Novak says.

CSA released four games in 2009 and plans more for 2010. A climate-change game, for example, would assess competency for people measuring carbon levels.

CSA, whose mandate is to provide standards and instill them in the workplace, says e-learning is gaining traction at schools but the workplace is falling behind.

"The top two advantages are cost savings — this is a lot cheaper than sending somebody off to a classroom," Novak says. "And the retention and effectiveness of the learning is higher when you're actually immersed in it, as opposed to a one-way exchange of information."



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Students, laid-off adults compete to return to school

APPLICATIONS Ontario's graduating high school students are facing stiffer competition for high-demand, high-employment college and university programs as workers who lost their jobs in the recession head back to school and claim the country's coveted post-secondary education spots.

Colleges and universities will not give special priority to the Grade 12 candidates, administrators say, despite the fact they could be thrown out into a tough, recessionary job market with little or no work experience and only a high school education if they're not accepted.

The deadline for Grade 12 students to apply to Ontario's universities for next September has passed while the college deadline it is Feb. 1.

College applications overall were up by 10 per cent over the last several years, with those in areas with a high jobless rate experiencing increases of up to 50 per cent.

The recession's ravaging of the job market is pushing laid-off workers back to school and a wildly popular Ontario government program has provided many unemployed mature students with the financial means to do so.

In northern Ontario, for example, where the forestry industry's collapse was followed by one in mining, Northern College saw applications for its four campuses jump 47 per cent last year. And that's even before Extrada's planned layoff of 700 people this May.

In Windsor, where auto sector layoffs have battered the city, applications to St. Clair College were up by 20 per cent in 2009.

"When the economy is strong, students tend to put off going to school."
Norther College President Fred Gibbons

"When the economy is strong, students tend to put off going to school, going to college particularly, in favour of entering the workforce and earning some money," said Northern College president Fred Gibbons.

"When the economy turns soft as it has in 2009, students will then return to school or elect to leave high school and enter college … College enrolment tends to vary inversely with jobs in the economy."

The Ontario government's Second Career program, which provides laid off workers with up to $28,000 over two years to go back to school to train for high-demand jobs, has been a huge incentive for mature students.

Second Career was announced in 2008 as a $355-million, three-year program. However, it was so popular that the money was scooped up in 18 months as laid off workers headed back to school and the province pumped another $78 million into the program last October.

But at some post-secondary institutions, competition for programs that are seen as the job-providers of the future has become so fierce that perfectly qualified students are being turned away.

That is particularly true in areas such as health care, biotechnology, social work, personal support, veterinary science and engineering. THE CANADIAN PRESS

Students and laid-off adults are engaged in a tug of war over the finite space available in the provinces colleges for next September.

BMO donates $2 million to Queen's business school
BMO Financial Group announced yesterday a $2 million gift to the Queen's School of Business in support of the expansion of Goodes Hall, the home of the business school. METRO NEWS SERVICES

One tasty career

OddJobs

Pie was the first recipe that Jenny Koniuk, inset, tested.

"Just a second, I'm going to turn off the oven." It's a typical workday for Jenny Koniuk — she's in the middle of testing a batch of recipes for a national magazine.

While many of us follow recipes on a regular basis, Koniuk, 53, gets paid to cook from them for her family, and the food is included.

Early on, Koniuk loved to cook and read cookbooks and food magazines. Her entire family had a sweet tooth, so there was lots of demand for her cookies and brownies and her mother's amazing pies.

Toronto-born Koniuk studied English literature at the University of Western Ontario, and began working in publishing. She stopped to have three kids.

Twelve years ago, a friend of hers became editor of a grocery store food magazine.

She came in the door one day while Koniuk was making sushi and asked her to test recipes for the magazine.

Her very first recipe, a pie, was a disaster. She made it three times, but it just wouldn't work. Eventually, the recipe developer realized he'd made a fundamental measurement error. As the years passed, Koniuk got more contacts in the food industry and now tests recipes for magazine such as Today's Parent, Chatelaine and Homemakers. She also develops recipes and does product development for a grocery store chain. Testing makes up about a quarter of her workweek.

When she tests, she starts by sitting down with a cup of tea and reading the recipe in close detail. Koniuk sometimes uses a technique a colleague created and mimes out the act of making the dish as she reads.

Then, she makes a shopping list and heads out to her local grocery story.

Then, she cooks, following the recipe to the letter.

"Persnickety attention to detail is really important."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The Lowdown

Job title: Recipe tester
Salary: $25 to $40 an hour, plus expenses for food
Education/training: Knowledge of most cooking techniques; most testers are chefs or home economists
Best Part of the Job: "The excitement every time a new batch of recipes gets sent to me."
Worst Part of the Job: "My overstuffed refrigerator and freezer are hard to manage."

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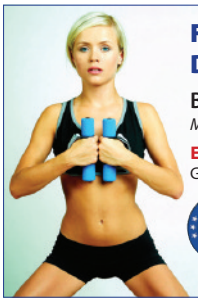

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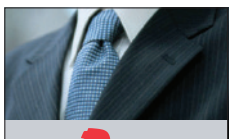

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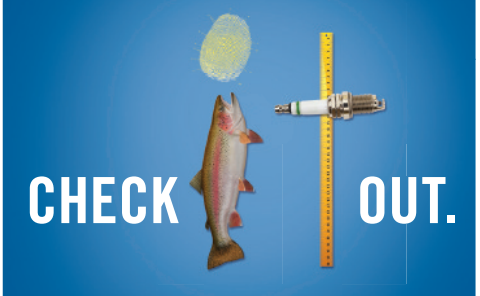

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Alberta invests $8 million in uCalgary family medicine program

Yesterday the Alberta government pledged $8 million in new funding to the University of Calgary's department of family medicine. The funds will be used to train more medical students and physicians in family medicine, recruit more doctors and support research. METRO NEWS SERVICES

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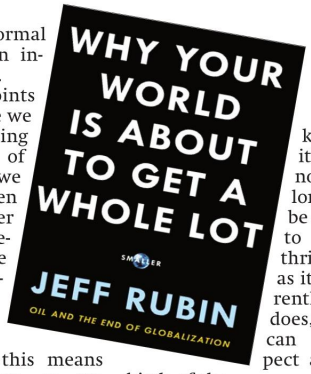
BookReview

Why Your World Is **About To Get A Whole Lot Smaller**
Author: Jeff Rubin
Publisher: Random House Canada
Price: $29.95

How would you feel about filling up your car at $2 a litre?

With consumers balking at anything higher than $1, I doubt many would be able to afford to drive a small to midsize vehicle … let alone an SUV. According to Jeff Rubin, CIBC World Markets former Chief Economist, oil is about to create a lot of upset in our current global economy. Rubin states that the abundance of cheap oil in the world has created a market that is over reliant on the affordability of it. Everything made in China, Atlantic Salmon, and even locally your oversized house in the suburbs, will become luxury items, or more like normal items with an insane price tag.



Rubin points out that while we may be pumping more oil out of the ground, we have not been able to discover new oil deposits at the rate we are depleting those we already pump from. So although this means that globalism as we know it will no longer be able to thrive as it currently does, we can expect a rebirth of the local economy where our labour costs are now competitive to the cost of manufacturing and shipping from China. As Rubin puts it; "don't be surprised if the new smaller world that emerges isn't a lot more liveable and enjoyable than the one we are about to leave behind."

CRAIG LUND
/FOR METRO CANADA

Craig Lund, a director with the staffing firm Marketers on Demand, can be reached at craig.lund@marketersondemand.com

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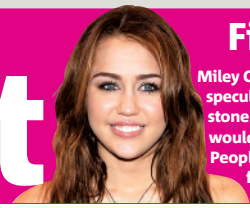
Workology in **brief**

CLIMATE The head of the Canadian Foundation for Climate and Atmospheric Sciences says scientists and top students are already drifting away from the country because of a lack of stable, long-term government funding for climate research. While the decade-old foundation has had its mandate extended by a year to March 2012, it has not received new funding since the Conservatives took power in 2006. The foundation's executive director says research teams are being dismantled, and equipment is being removed from the field and stored because there is no funding to operate it. With previous government funding not set to run out for another 15 months, the foundation's money concerns will not likely be addressed in the next federal budget. METRO NEWS SERVICES

Mel kicks bad habit

Mel Gibson has gone through a lot of drama in his long career. But nothing comes close to finally quitting his 45-year smoking habit. An edgy Gibson spoke to reporters while promoting Edge of Darkness. Quitting the cancer sticks: "Hellish." POPEATER.COM

Entertainment



Finger flash

Miley Cyrus set off a firestorm of speculation by donning a flashy stone where an engagement ring would go, but her rep insists to People magazine that it's just fashion. METRO WORLD NEWS

EDITOR: DEAN.LISK@METRONEWS.CA

Blockbuster Avatar takes the Globe

James Cameron's space fantasy Avatar won the Golden Globe for best drama last night, while the Vegas bachelor bash The Hangover won for best musical or comedy.

The Canadian-born Cameron also won for best director.

Avatar is following in the footsteps of his Titanic as a box-office record-breaker and awards darling.

"Avatar asks us to see that everything is connected, all human beings to each other, and us to the Earth. And if you have to go four-and-a-half light years to another made-up planet to appreciate this miracle of the world that we have right here, well, you know what, that's the wonder of cinema right there, that's the magic," Cameron said.

The win for The Hangover, a huge audience favourite, brought uncharacteristic awards attention for broad comedy, a genre that often gets overlooked at Hollywood honours.

"I just want to thank my mom, who supported my decision to become a director when she realized I wasn't as smart as my two sisters," said Hangover director Todd Phillips.

Among acting winners were Sandra Bullock as a mom in the football tale The Blind Side, Robert Downey Jr. in the crime romp Sherlock Holmes, Meryl Streep as chef Julia Child in Julie&Julia, Mo'Nique as a loathsome, abusive welfare mother in Precious and Christoph Waltz as a gleefully bloodthirsty Nazi in Inglourious Basterds.

Left: Presenter Nicole Kidman, right, is photographed with Mo'Nique, winner of the award for best supporting actress for Precious. Middle: Meryl Streep poses with the award for best actress — comedy or musical for Julie&Julia. Right: Actor Robert Downey Jr., winner of the best actor — comedy or drama for Sherlock Holmes.

ALL IMAGES GETTY

Cameron had kind words for ex-wife Kathryn Bigelow, nominated as best director for The Hurt Locker.

"Frankly, I thought Kathryn was going to get this. She richly deserves it," said Cameron, whose Titanic earned the directing and best-drama Globes 12 years ago on its way to Academy Awards triumph.

The blockbuster Up came away with the award for animated film.

While Streep is a perennial at awards shows, the prize marked a dramatic turning point for Mo'Nique, who was mainly known for lowbrow comedy but startled audiences with her ferocious performance in Precious: Based on the Novel Push By Sapphire.

"First, let me say thank you, God, for this amazing ride that you're allowing me to go on," the tearful Mo'Nique told the crowd.

Waltz, a veteran Austrian actor who is a relative newcomer in Hollywood, won the supporting-actor Globe as a vicious Nazi in Quentin Tarantino's Inglourious Basterds.

Jason Reitman and Sheldon Turner won the screenplay honour for Up in the Air, which Reitman also directed. The foreign-language honour went to The White Ribbon, a stark drama of guilt and suspicion set in a German town on the eve of the First World War.

Mad Men won for best TV drama, while Michael C. Hall won for best actor in a TV drama for Dexter, in which he plays a serial killer with a code of ethics, killing only other murderers.

Dexter also won the supporting-actor TV honour for John Lithgow. Other TV winners included Juliana Margulies as best actress in a drama for The Good Wife and Toni Collette as best comedy actress for The United States of Tara.

The rain-drenched red carpet was a rare sight for an awards show in sunny southern California, stars in their finery getting damp under umbrellas as storms swept the region.

The Globes got a makeover, featuring Ricky Gervais as master of ceremonies, the first time in 15 years the show had a host.

Last night's winners could get a last-minute boost for the Oscars race.

THE ASSOCIATED PRESS

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Scan this barcode for a complete list of Golden Globe winners and to read our blog of the award-show broadcast, or visit metronews.ca/entertainment.

Conan's ratings soar as exit nears

Conan O'Brien's ratings are soaring as he nears a bitter exit from NBC's Tonight show, his ridicule of his network executives apparently resonating in a country filled with the unemployed.

His ratings Friday were 50 per cent higher than they've been this season, and he beat CBS' David Letterman, according to a preliminary Nielsen Co. estimate based on large markets. In the 18-to-49-year-old demographic that NBC relies on to set advertising prices, O'Brien even beat Jay Leno's prime-time show.

Settlement talks continued Saturday on a deal that would let O'Brien leave NBC and restore Leno to the 11:35 p.m. time slot he occupied for 17 years through last spring.

O'Brien's ratings have been rising through the week, which was an extraordinary one in late-night television and saw O'Brien and Letterman hurling barbed remarks at Leno, and Leno firing back.

O'Brien's team sees the ratings as vindication. His manager, Gavin Polone, on Saturday compared it to when Leno, trailing Letterman in the ratings in the mid-1990s, drew attention for the memorable appearance of Hugh Grant after his arrest. Leno passed Letterman in popularity and never looked back.

"People who never watched Conan before are saying, 'I'll try it,'" Polone said.

It's doubtful they'll get the chance. O'Brien sounded halfway out the door on Friday's show, an exit prompted by his refusal to move his show to 12:05 a.m. at NBC's request. "By the time you see this, I'll be halfway to Rio in an NBC traffic helicopter," he said in his monologue.

The audience's energy level noticeably went down when he joked about topics other than himself. He laughed maniacally when telling the audience that NBC is expected to lose millions of dollars from its coverage of next month's Winter Olympics.

But he pulled back from jokes about Leno. On Friday, Jeff Gaspin, chairman of NBC Universal Television Entertainment, had said the crossfire between hosts "has definitely crossed the line.

"Jay is the consummate professional and one of the hardest-working people in television," Gaspin said. "It's a shame that he's being pulled into this."

THE ASSOCIATED PRESS

SNL lampoons late-night mess

- Saturday Night Live has entered the late-night fray, lampooning the mess involving Jay Leno and Conan O'Brien. SNL opened Saturday's show with a sketch featuring cast member Bill Hader as O'Brien and Darrell Hammond as Leno, brought together on CNN's Larry King Live. O'Brien was portrayed as somewhat humourless, while Leno needed to be cut off from automatically going into a monologue routine. Jason Sudeikis also made a cameo as a giggling David Letterman, perpetually throwing pencils at the camera.

club metro WEEKLY REWARDS

Kristen Bell Josh Duhamel

Will Arnett Jon Heder Dax Shepard Danny DeVito Anjelica Huston

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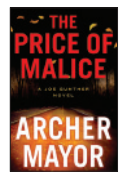
Boleyn's demise

The Lady in the Tower

Author: Alison Weir
Publisher: McClelland & Stewart
Price: $34.99 (Hardcover)

BRITISH HISTORY writer Alison Weir maintains her focus on royalty of the past in The Lady in the Tower: The Fall of Anne Boleyn. The book reflects on the tragic side of Anne Boleyn's life, documenting the events that lead to her demise. Using carefully researched evidence, Weir presents two perspectives on the former Queen of England's arrest: Henry VIII's desire for a successor, and a court conspiracy. Complete with colour photographs, and genealogical tables, the book recalls a disputed, defining period in the history of England.

BookPicks



The Price of Malice

Author: Archer Mayor
Publisher: Minotaur Books
Price: $31.99 (Hardcover)

VERMONT DEPUTY-CUM-AUTHOR Archer Mayor's 20th novel in the Joe Gunther detective series traces the roots and bloody consequences of two mysterious New England crimes. Vermont Bureau of Investigation's token investigator Joe Gunther is back, probing the messy homicide of a suspected pedophile with ties to a trailer park family. But Joe becomes distracted from his duty when he discovers new evidence about the believed disappearance at sea of his girlfriend Lyn's father and brother. Talk of murder is in the air, and if Joe and Lyn aren't careful, it could reach them too.

Brian Coulton/for Metro Canada

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 1/18/10	251	308	3 CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Winnipeg Comedy		CBC News: The National (N)		(:05) The Hour
	254	-	8 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		The Simpsons
	250	321	9 CTV	etalk (CC)	Access H.	Human Target "Rewind"		Two/Half Men	Big Bang	CSI: Miami (N) (CC)		CTV News
	-	-	10 JOY	Frasier (CC)	The Insider	Daily Weekend Edition (CC)		Poltergeist: The Legacy		P3	Ek Noor	New Day
	252	336	11 GTV	Entertainment	ET Canada	24 Jack and Renee Walker are reunited. (N) (PA) (CC)				Heroes "Pass/Fail" (N) (CC)		News
	256	389	12 VI	Degrassi: TNG	TMZ (N) (CC)	Tough Love (CC)		The Listener (CC) (DVS)		Castle "Sucker Punch" (N)		A News (N)
	253	359	13 CITY	The Office	The Office	The Bachelor: On the Wings of Love (N) (CC)				The Jay Leno Show (N) (CC)		The CityNews
	-	-	14 CW	The Office	The Office	One Tree Hill (N) (CC)		Life Unexpected "Pilot"		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	How I Met	Accidentally	Two/Half Men	Big Bang	CSI: Miami (N) (CC)		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Inside Edition	Chuck (N) (CC)		Heroes "Pass/Fail" (N) (CC)		The Jay Leno Show (N) (CC)		KING 5 News
	602	568	19 W	Supernanny "Minyon Family"		Dine With Me	How Clean Is	Love It or List It		Love It or List It		Confidential
	288	380	21 ABC	Wheel Fortune	Jeopardy! (N)	The Bachelor: On the Wings of Love (N) (CC)				Castle "Sucker Punch" (N)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	Route 9 ★ (1998) Peter Coyote, Kyle MacLachlan.				Seinfeld	King	Cheers (CC)
	291	383	27 PBS	Conver-KCTS	Antique Show	Antiques Roadshow (N) (CC)		A Ripple of Hope (CC)		Face-Roberta	Conver-KCTS	Globe Trekker
	290	382	28 FOX	Two/Half Men	Two/Half Men	24 Jack and Renee Walker are reunited. (N) (PA) (CC)				Q13 FOX News at Ten (N)		Family Guy
	-	364	45 PBS	By the People: Hard Times		Being Served	Keeping Up	Tavis Smiley	Charlie Rose (N) (CC)		Antiques Roadshow (CC)	
	296	654	54 SBK	Frasier (CC)	Frasier (CC)	The Office	Name Is Earl	South Park	Half & Half	Paid Program	Street Court	Cold Files
	298	653	55 TLA	Two/Half Men	Two/Half Men	One Tree Hill (N) (CC)		Life Unexpected "Pilot"		KTLA 5 News at 10 (N) (CC)		Friends (CC)
	295	651	56 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According/Jim	Friends (CC)	Friends (CC)	Maury (CC)	
	297	652	57 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Friends (CC)	According/Jim	Family Guy	South Park	Scrubs (CC)
	199	311	76 STR	CTV News	NTV Latenight News		Late Show W/Letterman		Late Late Show/Ferguson		Inside Edition	Seinfeld
news	502	390	23 NW	Closing Guantanamo (N)		CBC News: The National (N)		CBC News: The National (N)		Closing Guantanamo (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Beach Voll.	Hockey Power	Hockey	Best Damn Top 50 Special		MMA Conn	Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	Tennis Australian Open, First Round. From Melbourne, Australia. (Live) (CC)								SportsCentre
	411	457	49 OLN	Ghost Hunters "Lost Souls"		Destination Truth (CC)		Oper. Repo	Oper. Repo	Ghost Hunters "Fort Mifflin"		Ghost Hunters
	410	403	54 SCR	(6:15) WWE Monday Night RAW (CC)			Score Now	WWE Monday Night RAW With Michael Cole and Jerry Lawler.				Cabby Unlimit
	417	406	55 SC	Barrett-Jackson		Car Crazy	NASCAR Hub	SuperCars	SuperCars	Barrett-Jackson		Auctions
	416	409	144 GLF	(6:00) Fútbol Brasileño		Off the Pitch	Gol TV News	Off the Pitch	Game Cap	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Scorpion	Scorpion	Malcolm-Mid.	Hates Chris	8 Rules	What I Like	Family Biz	To Be Indie	Prank Patrol
	555	545	50 TEL	Scooby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of Hill	American Dad	Futurama	Chicken
	557	541	51 FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
	553	546	58 TRE	Babar (CC)	Big & Small	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	(:35) Franklin	Comfy Couch
cable variety	268	354	5 KNO	Recreat. Eden	Landscape	Monarchy "Survival" (CC)		Coast Salish Knitters		A Mind Like Mine (N) (CC)		Canyon War
	575	583	20 CMT	Moonlight and Valentino ★★★ (1995) Elizabeth Perkins, Whoopi Goldberg. Premiere.						Moonlight and Valentino ★★★ (1995)		
	570	580	24 MM	Video on Trial	Video on Trial	MuchOnDemand (CC)		America's Best Dance Crew		MuchVibe		Spotlight
	600	564	25 H&G	House	House	Holmes on Homes (CC)		Marriage	Income Prop.	For Rent	My First Place	House
	615	520	31 A&E	Hoarders "Janet; Christina"		Paranormal	Paranormal	(:01) Intervention "Angelina"		(:01) Intervention Crack addict.		(:01) Hoarders
	628	584	32 SPKE	(6:00) Star Wars: Episode II -- Attack of the Clones ★★				Star Wars: Episode III -- Revenge of the Sith ★★★ (2005) Ewan McGregor.				
	521	560	34 TLC	Cake Boss	Cake Boss	Little People	Little People	Cake Boss	Cake Boss	Cake Boss	Cake Boss	Little People
	616	522	35 SHO	Relic Hunter (CC)		Premonition (2004, Suspense) Casper Van Dien. (CC)				Bones (CC)		NCIS (CC)
	620	523	40 BVO	Super Stars	Bravonews	Law & Order "Performance"		Without a Trace "Undertow"		The Captive Heart ★★★ (1946, Drama)		
	601	562	41 SLC	Love Inc.	Love Inc.	ET Canada	What	Real Housewives-Atlanta		Real Housewives OC		Runway
	520	505	42 DIS	Dirty Jobs "Reindeer Farm"		Daily Planet (CC)		MythBusters "Myth Evolution"		Dirty Jobs "Reindeer Farm"		Breaking Point
	522	506	44 HIS	Vimy Ridge	Vimy Under	Greatest Tank Battles (CC)		Lost Worlds (CC)		Shockwave (CC)		Tank Battles
	627	528	45 SPC	(6:00) Absolon ★ (2003) (CC)		The Circuit	Stargate SG-1 (CC)		Star Trek: Next Gener.	Lost "LaFleur" (CC)		
	294	650	47 TBS	Men of a Certain Age (CC)		Lopez Tonight (N)		Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lopez Tonight
	619	525	48 TROP	Re-Vamped (CC)		Parking Wars	Parking Wars	Flipping Out (CC)		Launch My Line (CC)		Prod. Parker
	603	561	53 FN	Pitchin' In	Glutton	Restaurant Makeover (CC)		Diner, Drive-In	Unwrapped	Top Chef Masters (CC)		Pitchin' In
	-	-	55 AMC	Force 10 From Navarone ★★		Movies Shook	Daylight ★★ (1996, Action) Sylvester Stallone, Amy Brenneman.					Cutthroat Isle.
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	John Oliver's Stand-Up Show		Daily Show
	320	621	60 CEN	(6:20) Banshee ★ (2006) (CC)		Dexter "Dex Takes a Holiday"		Californication	Lock 'n Load	No Country for Old Men ★★★ (2007) (CC)		
	581	566	101 MTV	Buried	Life of Ryan	MTV Live	After	The Real World (CC)		Buried	Life of Ryan	MTV Live
	261	394	102 V	(6:00) Doc Martin (2003)		Poltergeist: The Legacy		Raging Bull ★★★★ (1980, Biography) Robert De Niro, Cathy Moriarty.				
	-	-	103 MUL	Sewing Maid	Immortal	State Secret		To Be Announced		Pinoy: That's Entertainment		Patrol World

Super yummy mommy
Claudia Schiffer is pregnant with her third child. The German supermodel — who has two children— announced she is five-and-a-half months into her pregnancy and is due to deliver the tot in May. FEMALEFIRST.CO.UK

Model Twiggy turns the big 6-0

Fashion icon reflects on her career, famous friends and future

BRUNO GHETTI
Metro World News

One of the icons of the '60s, top English model Twiggy, turned 60 in September.

Famous for her very skinny figure, her big expressive eyes and her boyish looks, she has compiled some of her most famous pictures in a new book, Twiggy: a Life in Photographs. She is also the star of an exhibition at London's National Portrait Gallery until March 2010. Twiggy spoke to Metro Brazil about her career.

Q How do you look so good at 60?

GETTY IMAGES

A I'm happy with my life, I love what I do. I'm blessed with a good health, that's the top of the list, isn't it? I eat very healthily.

Q What are your memories of the '60s?

A When you're living something, you don't stop everyday and think: "Wow, this is amazing." It was an exciting time, but I didn't realize until I looked back how amazing that period was. I don't think any of us knew or realized it would be so important. Historically it was the first time that the working class people had chances. I was really the first working class model.

Q Was there any rivalry between you and other great '60s models, like Veruschka and Jean Shrimpton?

A They were already established, I was a little kid. But the models were sweet to me, they looked after me. I had pictures of Jean Shrimpton on my bedroom wall. I loved her, she was fantastic.

Q You appear on the cover of David Bowie's Pin Ups. What is the story of that image?

A That photograph was actually shot for the cover of English Vogue. He was very popular then. We were both kind of androgynous. They thought we would make a good cover.

BERT STERN PHOTO

Iconic fashion model Twiggy in the '60s, above, at 60 years old, below left.

They shot the photo, but then the art director refused to put a man on the cover! So David Bowie said: 'Don't worry, it's such a great picture, I'll use it as an album cover.' We met to do the photograph. He is very talented, bright, lovely man.

Q Paul McCartney is also a big friend of yours.

A Yes, he is one of my best friends. Linda [McCartney] was a dear, dear friend of mine. I've know him since I was 17. We are very close, I was around when his kids were born. My daughter Carly is the print designer for Stella McCartney. It's a big family affair really.

Q Who is the "new Twiggy"?

A Kate Moss, definitely. She is a phenomenon. She is one of the best models ever. Look at the photographs: She is getting better and better. I know her, she is a lovely, natural girl. But she's also a brilliant model. And I think she's becoming a very clever business woman as well.

3

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Box office

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1 **Avatar:** $41.3 million US
2 **The Book of Eli:** $31.6 million
3 **The Lovely Bones:** $17.1 million
4 **Alvin and the Chipmunks: The Squeakquel:** $11.5 million
5 **Sherlock Holmes:** $9.8 million
6 **The Spy Next Door:** $9.7 million
7 **It's Complicated:** $7.7 million
8 **Leap Year:** $5.8 million
9 **The Blind Side:** $5.6 million
10 **Up in the Air:** $5.5 million

THE CANADIAN PRESS

Sarah Jessica Parker to be Halston's muse?

FASHION Sarah Jessica Parker and Halston may be banking on fashion sequels. The storied designer label reportedly has hired the Sex and the City star in a creative role.

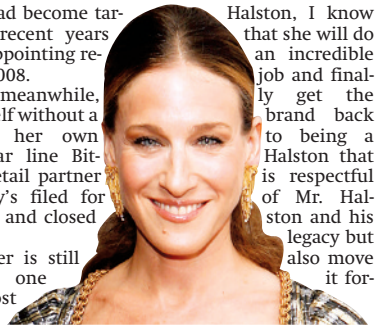
Halston is tapping Parker for its newly announced Halston Heritage collection, a less expensive extension of its signature collection, according to Women's Wear Daily.

The company wouldn't confirm reports of the partnership, but did say an announcement of some sort was forthcoming within the next week.

Halston's glitzy image from its heyday of the disco era — with the late Roy Halston Frowick turning out jersey jumpsuits and the like for the Studio 54 crowd — had become tarnished in recent years with a disappointing relaunch in 2008.

Parker, meanwhile, found herself without a home for her own once-popular line Bitten after retail partner Steve&Barry's filed for bankruptcy and closed its doors.

But Parker is still considered one of the most influential celebrities in the fashion world and insiders think she and Halston would make good co-stars.



"If she is to come to Halston, I know that she will do an incredible job and finally get the brand back to being a Halston that is respectful of Mr. Halston and his legacy but also move it forward to what women today want to wear," says stylist and commentator Mary Alice Stephenson.

Parker's style-icon SATC character Carrie Bradshaw has already been shown in the trailer for Sex and the City 2 in a white dress from Halston Heritage, a brand extension with retail prices ranging from $55 to $595.

Marios Schwab remains the designer for the main line, which has a slot on the calendar at New York Fashion Week in February.

Halston couldn't have hired just any boldface name as a partner, says Stephenson. "She's probably the only actress who could pull this off."

Lindsay Lohan was tapped as artistic adviser to Emanuel Ungaro with much fanfare last fall; just weeks later her work for the label was trounced by fashion critics.

"There's a big difference from this than Lindsay Lohan," says Suze Yalof Schwartz, Glamour magazine's executive fashion editor-at-large.

Schwartz considers Halston lucky to have Parker.

"There would be no one better to revive that label."

THE ASSOCIATED PRESS

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Does he wear a 'dating ring' as well?
Joe Jonas is taking a break from the dating game, people.com reports. "I still date and things like that but just not committed, which is nice," he says. METRO NEWS SERVICES

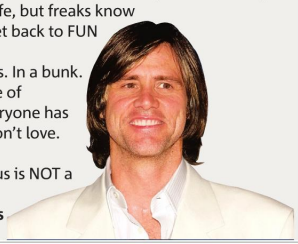
Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

JIM CARREY has unfortunate birthday associations, **KIRSTIE ALLEY** explores the dark side of Twitter, **JOHN MAYER** is having a tough time on the road, and **TILA TEQUILA** is making trouble for the Disney Channel.

@JimCarrey thankyou for all my early birthday wishes. I really like my birthday but it does remind me of my parents having sex, which is always hard.
@KirstieAlley I hate threatening people on a place that is supposed to be fun and safe, but freaks know no boundaries. Let's get back to FUN chat..lol
@johncmayer Sleepless. In a bunk. On a bus. In the Middle of Nowhereshire, UK. Everyone has parts of the job they don't love. This is one.
@officialTila Miley Cyrus is NOT a Virgin!



METRO WORLD NEWS

Time to pay up, Mr. Cage

IT'S THE TAXMAN CALLING Nicolas Cage has one expensive resolution for 2010: To get the IRS off his back.

"Over the course of my career I have paid at least $70 million US in taxes. Unfortunately, due to a recent legal situation, another approximate $14 million is owed to the IRS," Cage says in a statement to People magazine.

"However, I am under new business management and am happy to say that I am current for 2009. All taxes will be paid, including any to-be-determined state taxes."

METRO WORLD NEWS

It's not 'Glitter', it's sparkling

AND PINK, OF COURSE Mariah Carey knows a thing or two about champagne, if her slurred acceptance speech at the Palm Springs Film Festival last week was any indication. Now, the singer is making good use of her expertise, launching her own brand of champagne, she announced on Twitter recently.

"Didn't realize they put the champagne on the tables so we wouldn't drink it," she joked before adding, "No seriously, Angel Champagne (rose) by MC coming soon."

METRO WORLD NEWS

Simon says, I'm not coming over

STICKING TO HIS GUNS Apparently no amount of money could convince Simon Cowell to stick with American Idol.

The talent show's executives reportedly offered Cowell an additional $100 million US to stay on as a judge, but his mind was already made up, according to Page Six. Cowell is leaving the show to launch a U.S. version of his successful British series, The X Factor.

METRO WORLD NEWS

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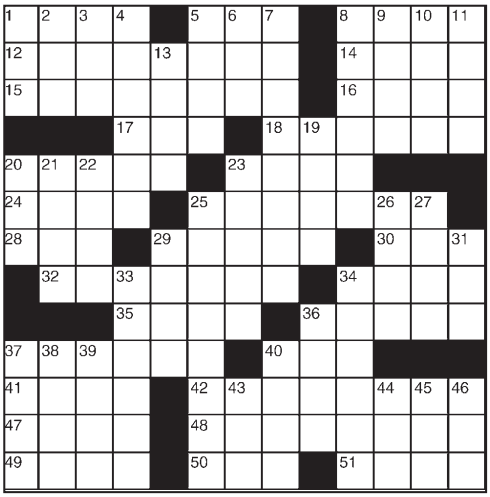
Take Five



ACROSS

1 "Piggies"
5 Quick swim
8 Conked out
12 Coin-toss outcome, e.g.
14 Gaelic
15 Eliot Ness' foe
16 False idol
17 Spot on a playing card
18 Commemorative tablet
20 Victim of Cortes
23 Twosome
24 Dregs
25 Noted TV weathercaster
28 Greek H
29 Foreigner
30 Meadow
32 Longtime Indy 500 star
34 Thailand, once
35 Suitable
36 Animator Tex
37 Mideast market
40 Consumed
41 Paradise
42 "Swanee" singer
47 Surround
48 Ocean occurrence
49 Old portico
50 Round Table address
51 Duel tool

DOWN

1 Afternoon gathering
2 Lubricate
3 And so on (Abbr.)
4 Figures
5 Let fall
6 Charged particle
7 H&R Block employee
8 Go ashore
9 Baghdad's land
10 Jacob's twin
11 Take out of a text
13 Grand story
19 MGM mascot
20 Hearty brew
21 Catherine — - Jones
22 Blue shade
23 Used diligently
25 Losers
26 Author Wiesel
27 Back
29 Celebes ox
31 Jimmy Carter's daughter
33 Kampala's nation
34 Slender
36 On
37 Pleads
38 Mine entrance
39 Nil
40 Open slightly
43 Floral neckwear
44 Taste the coffee
45 Praise in verse
46 Born

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5			6		4			
4	7						3	6
	2			7		4		
	9		5	6				7
		3				1		
8				1	2		9	
		1		2			5	
9	3						2	4
			4		6			3

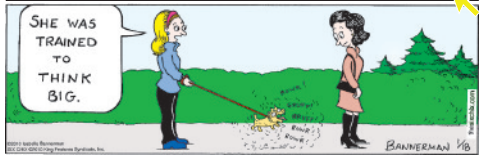
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

R	A	F		D	A	B	S		Q	U	A	D		
O	N	O		E	S	A	U		U	R	D	U		
W	I	L	D	F	I	R	E		E	G	O	S		
		D	E	A	F			O	B	E	S	E		
S	M	E	L	T		F	I	L	E					
H	A	R	E		W	I	L	D	C	A	R	D		
A	G	O		S	H	A	L	E		N	E	O		
W	I	L	D	O	A	T	S		S	N	A	G		
		R	A	M	S		B	O	O	M	S			
L	A	T	E	R			A	I	R	Y				
I	R	O	N		W	I	L	D	B	I	L	L		
D	I	S	C		A	N	T	E		N	E	E		
S	A	S	H		G	N	A	T		G	E	T		

8	4	1	3	9	6	7	2	5
5	9	3	4	7	2	1	8	6
7	6	2	8	5	1	3	4	9
9	3	5	1	2	4	8	6	7
2	1	6	9	8	7	5	3	4
4	7	8	6	3	5	2	9	1
6	5	9	2	1	3	4	7	8
1	2	4	7	6	8	9	5	3
3	8	7	5	4	9	6	1	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Potato and Camembert Bake

INGREDIENTS:

1 1/2 lb (750 g) pre-washed baby new potatoes
4 bacon slices
4 scallions, sliced
1/2 round of Camembert cheese, 1/2 lb (250 g)
1/2 cup (125 mL) 10% cream

METHOD:

1. Preheat oven to 440°F (230°C). Cook potatoes in pot of boiling water 12-15 minutes or until tender. Drain thoroughly and tip into greased, shallow ovenproof dish.
2. While potatoes are cooking, snip bacon into thin strips using kitchen scissors. Put into cold, nonstick frying pan and cook over high heat until crispy. Remove from pan with slotted spoon. Mix scallions with cooked bacon.
3. Cut half-round of cheese in half horizontally to make two semicircles. Score rind in criss-cross pattern to help cheese to melt.
4. Scatter bacon and onions over potatoes. Season with ground black pepper, then pour over cream. Set cheese on top, rind side uppermost, then bake 7-10 minutes or until melting and bubbling. Serve piping hot.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You may have high ideals, but do you live up to them? That is the question you will be asking yourself over the next few days.

TAURUS ♉
APRIL 21-MAY 21
This is a time of decision for those born under the sign of the Bull. You will have to decide whether or not your old ambitions are still worth pursuing.

GEMINI ♊
MAY 22-JUNE 21
Travel plans will be top of your agenda this week, so don't tie yourself down to anything that could stop you exploring. You will also be open to new ideas.

CANCER ♋
JUNE 22-JULY 22
What you thought was important a few days ago won't seem so important once the Sun changes signs in midweek.

LEO ♌
JULY 23-AUG 23
As Venus moves into the relationship area of your chart today you will find it easier to let partners and relatives know how you feel.

VIRGO ♍
AUG 24-SEPT 22
Something you thought was important is of no weight at all, and something you thought was trivial is actually of major significance.

LIBRA ♎
SEPT 23-OCT 23
It won't be long before your confidence returns and you are back to your formidable best. It's been a trying few weeks – now it's your turn to have fun.

SCORPIO ♏
OCT 24-NOV 22
Something you have been planning for ages is ready but you must let others know what you are doing and why you are undertaking such a risky venture.

SAGITTARIUS ♐
NOV 23-DEC 21
You have become a bit too predictable of late, but when the Sun changes signs on Wednesday you will get the chance to do something amazing.

CAPRICORN ♑
DEC 22-JAN 20
You've had a lot of laughs over the past few weeks, and there is absolutely no reason why they should not continue. Never let a smile become a frown.

AQUARIUS ♒
JAN 21-FEB 18
your confidence will return and you won't find it in the least bit difficult to explain what you are going to do. That's if you can be bothered.

PISCES ♓
FEB 19-MARCH 20
Cosmic activity in the most sensitive area of your chart may make you a bit touchy but it won't stop you getting the most out of life.

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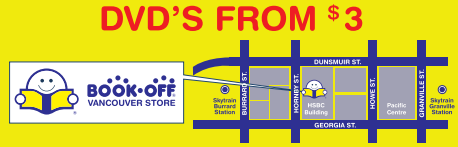

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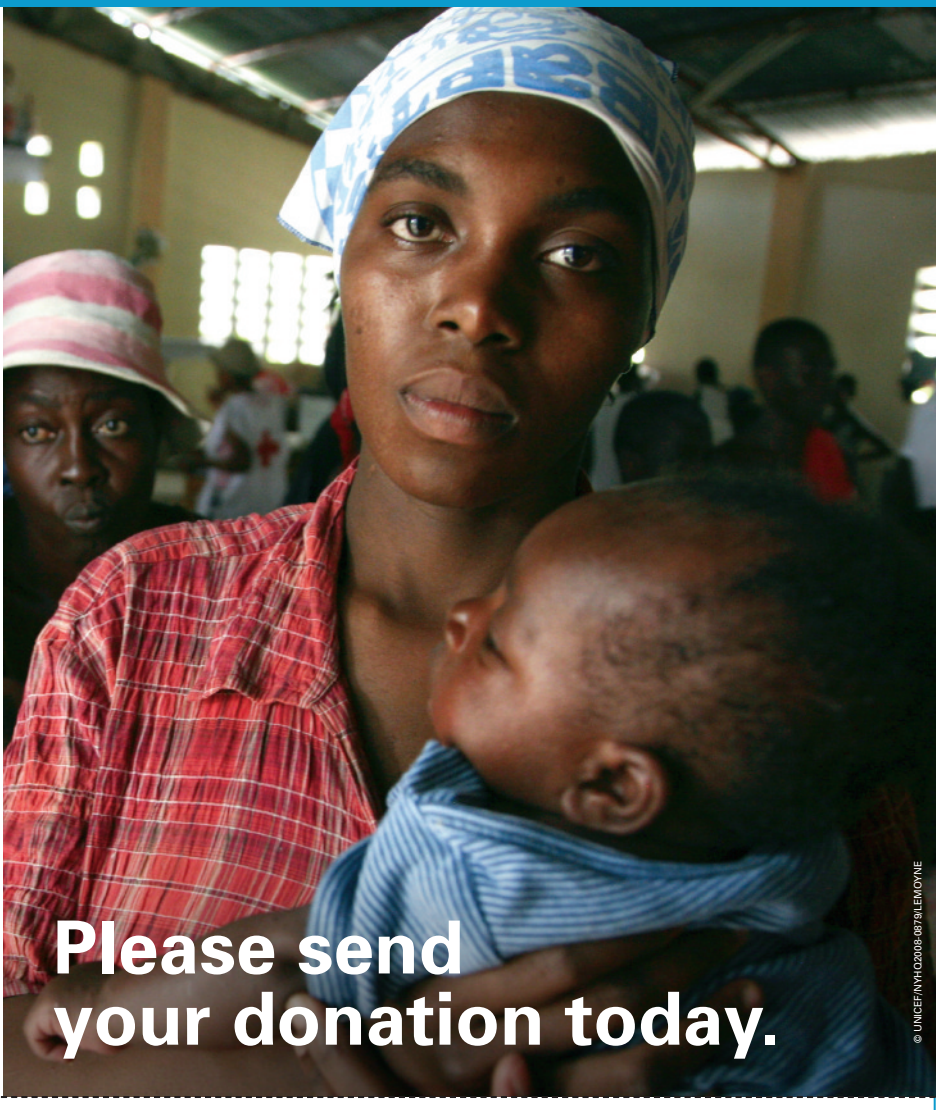

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